

## Our Mission

*To offer affordable, accessible, and quality Mental Health, Addictive Disease, and Developmental Disability services by skilled professionals who are sensitive to the needs of individuals and families served.*

## Our Vision

*Leading our communities towards Health, Hope & Recovery.*

## Values & Principles

- We believe all people should be treated with dignity and respect.
- We are dedicated to the education of individuals, family members, and the community.
- We believe that quality services should be provided in a variety of convenient locations to individuals and families.
- We are committed to respond to the needs of the community.
- We believe each individual is unique and that services should be person-centered based on the individual's preferences.
- We strive to find new ways to use current resources and to generate new ones through community partnerships.
- We are committed to understanding and respecting cultural differences.
- We believe people should receive services that respect their privacy and confidentiality.
- We strive for individual satisfaction.
- We are committed to exemplify ethical conduct.

## Mental Health & Addictive Diseases

### Dougherty County

601 West 11<sup>th</sup> Avenue  
Albany, Georgia 31701

### Behavioral Health Crisis Center

**24/7 Walk-In Crisis, Comfort Zone, and Crisis Stabilization**  
(229) 430-1842

### Adult Outpatient

(229) 430-4140

### Peer Support

(229) 430-6608

### Psychosocial Rehabilitation

(229) 430-4356

### Child & Adolescent Services

2500 Dawson Road  
(229) 430-5100

### Calhoun County Outpatient

55 R.E. Jennings Avenue SE  
Arlington, Georgia 39813  
(229) 725-3333

### Early County Outpatient

763 Jesse Johnson Drive  
Blakely, Georgia 39823  
(229) 724-2050

### Miller County Outpatient

205 West Main Street  
Colquitt, Georgia 39837  
(229) 758-5012

## Developmental Disability Services

### Region Four Intake and Evaluation

**1-877-683-8557**

### Calhoun-Early-Miller DD Services

218 Damascus Street  
Mailing: P.O. Box 509  
Blakely, Georgia 39823  
(229) 723-4325

### Primus DD Services

1120 West Broad Avenue  
Mailing: P.O. Box 1988  
Albany, Georgia 31707  
(229) 430-4138

### Terrell-Lee DD Services

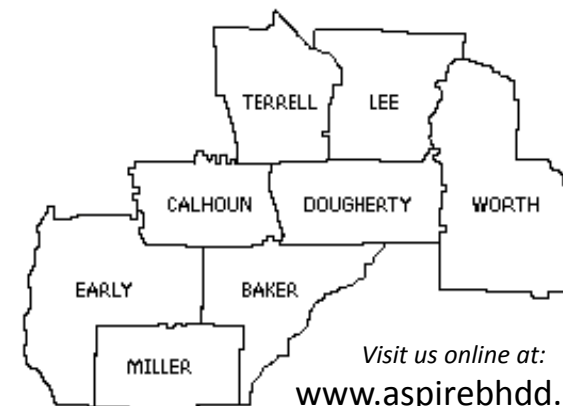
508 Oak Street SE  
Mailing: P.O. Box 798  
Dawson, Georgia 39842  
(229) 995-3171

### Administrative Support Services

1120 West Broad Avenue  
P.O. Box 1988  
Albany, Georgia 31702  
(229) 430-4005



ALBANY AREA COMMUNITY SERVICE BOARD



### Walk-In Crisis Navigation Unit

601 West 11<sup>th</sup> Avenue  
Albany, Georgia 31701  
(229) 430-1842

### Georgia Crisis and Access Line (GCAL)

**1-800-715-4225**



## BEHAVIORAL HEALTH SERVICES

Behavioral health services are aimed at diagnosing and successfully treating adults, children, and adolescents with mental illness and emotional disturbances. The ultimate goal is to provide needed services to assist individuals as they recover from their illness so that they can function at their highest possible level within their community.

Outpatient behavioral health services include:

- Behavioral Health Assessments
- Individual Counseling and Therapy
- Group & Family Therapy and Training
- Medication Administration & Pharmacy
- Treatment Court
- Crisis Intervention / Crisis Stabilization
- Psychosocial Rehabilitation Services (PSR)
- Community Support Services
- Assertive Community Treatment Team
- Community Support Team
- Residential Services
- Peer Support

## ASPIRE CHILD & ADOLESCENT SERVICES AND ASPIRE CLUBHOUSE

Aspire BHDD Services provides behavioral health services for children, adolescents, and young adults who may be experiencing emotional, mental, and/or behavioral problems. Outpatient services are provided for the youth and their families.

The goal of the program is to reduce out-of-home placements and hospital admissions, enabling the youth to remain in their homes and communities with the proper supports to meet their needs.

The Aspire Clubhouse provides prevention and intervention services for child and adolescents at risk for out-of-home placement and Department of Juvenile Justice involvement as well as those who may be experiencing difficulties at school.

## CRISIS INTERVENTION SERVICES

Aspire BHDD Services operates the Behavioral Health Crisis Center located on 11<sup>th</sup> Avenue in Albany. The center includes a 24/7 walk-in Crisis Navigation Unit, Comfort Zone 24-hour Observation Unit, and Crisis Stabilization Unit (CSU). The CSU is designed to serve as a community-based alternative to hospitalization, offering residential psychiatric stabilization and detoxification services on a short term basis.

## ADDICTIVE DISEASE SERVICES

The primary focus of addiction treatment is the discontinuation of addictive substances by the individual. Chemical dependency is a primary, progressive, chronic, and potentially fatal disease which is treatable. It is an illness that affects the physical, mental, and spiritual areas of the addicted person's family, social, and occupational well-being. Recovery from addiction is an ongoing process that includes abstinence and the treatment of the whole person.

Addictive Disease services include:

- Addiction Assessment
- Psychiatric and Nursing Assessment
- Group, Individual, and Family Counseling
- Residential Detoxification
- Dual Diagnosis Residential
- Outpatient Services
- Community Support Services
- Treatment Court

Our Psychosocial Rehabilitation and Community Support programs focus on the following areas:

- *Recovery*
- *Relapse Prevention*
- *Interpersonal Skills*
- *Life Skills*
- *Vocational Skills*

## DEVELOPMENTAL DISABILITY SERVICES

Aspire BHDD Services' developmental disability services are person-centered and are planned according to the expressed needs and wants of the individual served. Services keep individuals actively involved in planning their lives and participating as members of the community at home and at work. For those who cannot remain in their own home, residential services are available.

Aspire BHDD Services currently operates three centers serving individuals with developmental disabilities for the purpose of providing community access to help participants acquire, retain or improve self-help, socialization and adaptive skills required for active participation and independent functioning outside the home.

Developmental Disability services include:

- Community Access – participation in the community through group or individual activities
- Prevocational Services – development of job skills
- Employment in the community
- Support to live in the home of a participant's family member
- Support to live in a home the participant rents/owns
- Support to live in a host home chosen by participant
- Nursing services

Referrals for services are processed through the DBHDD Region Four Field Office in Thomasville. For more information or to make a referral, call: 1-877-683-8557

## WHO WE ARE:

Aspire BHDD Services is a non-profit organization providing behavioral health, addictive disease, and developmental disability services to citizens in Baker, Calhoun, Dougherty, Early, Lee, Miller, Terrell, and Worth counties. The organization has a three-year accreditation through CARF International and is a participating member of the GA Association of Community Service Boards.