

New Beginnings

A mental health program for adults needing guidance to cope with life's challenges.

New Beginnings is a Mental Health Program that:

- Is Confidential
- Is available to anyone with Medicare
- Provides group, individual, and family therapy as well as medication management for mental health diagnosis
- Arranges transportation and a noon meal during the treatment day
- Coordinates the patient's care with the individuals Primary Care Physician
- Lasts for 6-12 weeks (at 2-4 days per week)
- Provides after care program following discharge

WHO QUALIFIES

This outpatient program assists Adults and Senior Adults struggling with:

- Depressed Mood
- Unresolved Grief
- Anxiety, nervousness
- Worry
- Isolation/Loneliness
- Difficulty coping with physical changes
- Sleep or appetite changes
- Feeling of hopelessness or helplessness
- Anger
- Low self-esteem
- Personality changes



New Beginnings is Medicare Based (covers 80%) and accepts most other insurances as secondary payor

HOW TO CONTACT US:

ANYONE MAY CONTACT OUR STAFF WITH A REFERRAL

OFFICE HOURS:

8 AM- 4:30 PM

MONDAY-FRIDAY

PHONE: 229-758-2729

302 Grace Street

Colquitt, Georgia 39837